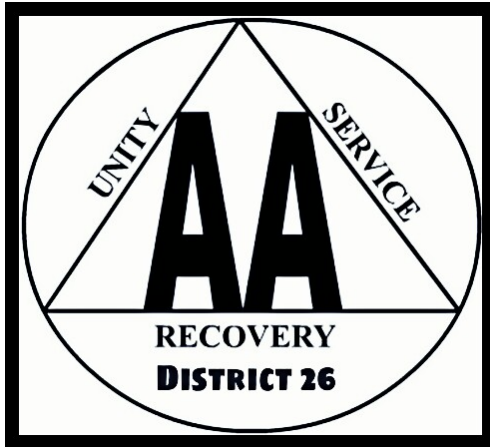


District 26 News October/November 2016



Upcoming Assembly Info:

November 18th, 19th & 20th
Jantzen Beach Red Lion Hotel
909 N Hayden Island Dr.
Portland, Oregon 97217

Only Group Service Leaders can vote on motions during the assembly, but any member can submit a motion to by sending in an Area Motion Submittal Form. This Form and other assembly information can be found on the Oregon Area 58 website: www.aa-oregon.org

Service Reflection:

Ed Z. GSR/You Name It Group

What made it stick? Had I finally hit that magical quotient of pitiful and incomprehensible, demoralization? Did I finally outgrow my binges? I had taken my first 24 hour and 30 day coins when I was 19 years old. Since then I had lost relationships, jobs, homes, been arrested, gone to rehab ...you know the story.

So, what made it stick?

Every other time I came to AA, I would get a few weeks, maybe a month, and I would start feeling physically better, then check out. Slowly beginning my binges weeks before the first drink...

It dawned on me about 6 weeks into my sobriety the difference this time. I had taken a service position. I became the Friday night secretary of my home group, just four days after my last drink. Having to be somewhere sober at 10 PM on Fridays did the trick. It's now over three years later, I am still there on Friday nights at 10, and I have not taken a drink since I took the original position. I have had a few service positions with my group and now I am looking forward to my first assembly and GSR school. That first secretary position saved my life, I am sure of it today.

Dist. 26 Meeting Description:

"Traditional Recovery," is a weekly hour long topic meeting, located at Anarre's Infoshop & Community Space. 7107 N. Lombard St. Portland, OR 97217 We meet on Saturdays @6PM.

Members of this group like the meeting, because of the cozy couch and easy lighting. The book shelves and hardwood floors help make a comfortable setting to share in. It has a real DIY feel, which fits within the community space. Typically a smaller group, our meeting has a lot of character.

We are an open-minded group that is just over a year old. Our meeting groups are smaller in size, but we have room to grow! We are a group of recovering alcoholics that meet regularly and hope to share our experience, strength, and hope with the newcomer. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. Traditional Recovery is a meeting that emphasizes the program and traditions to create a welcoming atmosphere where any alcoholic may feel safe and find a helpful harbor.

DISTRICT 26 INFO:

OUR BUSINESS MEETING MEETS THE
2ND SUNDAY OF EVERY MONTH FROM
5-6PM @ ST.CHARLES CHURCH
5310 NE 42ND AVE, 97218

Website <http://www.aa-district26.org/index.html>
Address PO Box 31101, PDX 97231

EVENTS CALENDAR

NOVEMBER 13TH / DISTRICT 26
BUIS. MEETING@5PM (SEE ABOVE)

NOVEMBER 18-20TH / OREGON
AREA 58 QUARTERLY ASSEMBLY AT
JANTZEN BEACH RED LION

OREGON AREA **GSR'S, DISTRICTS**
AND **COMMITTEE MEMBERS:**

PLEASE LET US KNOW IF YOU HAVE
AN EVENT YOU'D LIKE INCLUDED IN
OUR NEWSLETTER.

IF YOUR GROUP OR YOU WOULD LIKE
TO DO A SERVICE REFLECTION IN
OUR NEXT ISSUE, WE WOULD LOVE
CONTRIBUTIONS!

THANKS FOR READING AND STAY
TUNED FOR OUR NEXT ISSUE!

District 26 Meeting List

Monday:

6:30pm Kaiser Town Hall 3704 N Interstate Ave.
7:30pm Boys Night Out 3807 NE MLK Blvd.

Tuesday:

5:30pm Hi Five 1503 N Hayden Island Drive
6:30pm YP Sexual Diversity / 4115 N Mississippi St.
7pm Women In Transition 8926 NE Lombard St.
8pm Alameda Group 4330 NE 37th Ave.
8pm Alberta Men's 5431 NE 20th Ave.

Wednesday:

6:30pm Kaiser Town Hall 3704 N Interstate Ave.
7pm 4406 Group 5431 NE 20th Ave.
7pm Book Review 5310 NE 42nd Ave.
7pm Wet Brains 5736 NE 33rd Ave.
8pm The Salty Bunch 3807 NE MLK Blvd.

Thursday:

6:30pm Maintaining Sobriety 3704 N Interstate Ave.
6:30pm Queer 3807 NE MLK Blvd.
7pm Altered Egos 4431 NE 20th
8pm Lava Lamp Group 3807 NE MLK Blvd.

Friday:

7pm Book Review 5310 NE 42nd Ave.
7pm Came To Believe 2823 N Rosa Parks Way
7pm Friday Night Roundtable 14 NE Killingsworth St.
8pm Friday Night Young People 3807 NE MLK Blvd.
8pm Nomad 4800 NE 72nd

Saturday:

9:30am Kitchen Table Group 8926 N Lombard St.
6pm Traditional Recovery 7107 N. Lombard St.
7pm Kenton Group 2115 N Lombard St.
8pm Albina Neighborhood 2710 NE 14th Ave.
8pm New Beginnings 5227 N Bowdoin St.

Sunday:

6:30pm Sunday Grapevine 5310 NE 42nd Ave.

Daily Meetings:

12pm (noon) Out To Lunch Bunch 8926 N Lombard St.
12pm (noon) Mon.-Sat. Nite Siders 8719 NE Beech St.
5:30pm No Name 8926 N Lombard St.
10pm You Name IT 8926 N Lombard St.